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XXI INTERNATIONAL KARATE-DŌ SUMMER COURSE KASE HA SHŌTŌKAN RYŪ / CÁDIZ-SPAIN 9th-12th JULY 2020

Sensei Dirk Heene 9thDan **Sensei François Van Binst 6thDan** **Sensei Juan Pablo Delgado 5thDan**
Guest Instrubors: Sensei Jim Martin 8thDan, Sensei Pascal Petrella 7thDan, Sensei Nico Ibscher 5thDan



TRAINING:

THURSDAY, JULY 9th
(18:15H: Registration)

19:00-20:15H / 20:30-21:30H

FRIDAY, JULY 10th
8:00-9:30H

At the beach in front of Victoria Hotel
19:00-20:15H / 20:30-21:30H

SATURDAY, JULY 11th

10:00-11:30H / 12:00-13:30H

14:30H: Grading (Carballo Club)

0:00 - 1:00H

Midnight training at Cortadura Beach

SUNDAY, JULY 12th

10:00-11:30H / 11:45-13:00H

13:00-14:00H: Yoga for Karate-Dō
(Sensei Peter Taylor 4thDan)

Venue: Sport Center "El Náutico"

Fees: Karate-Dō whole course: 60€ / Weekend: 50€ / 1 day: 25€

Dinner party: July 11th, Saturday evening

Contact: kskcadiz@gmail.com



- The organiser cannot be held responsible for any loss or injury that may occur during the course.

Sports Center El Náutico (Filipinas Plaza)

Grading July 11th 14:30H
"Carballo Club"

Midnight training
July 11th 0:00-1:00H
Cortadura Beach



CLOSEST AIRPORTS:

- Jerez de la Frontera: 45Km by car (highway AP-4) / Renfe cercanías (train station): Jerez aeropuerto to Cádiz): 45min approx.
- Sevilla: 128Km by car (highway AP-4 with toll) / Renfe (bus from the airport to train station and train: Sevilla Santa Justa to Cádiz) 1.45H approx.